





This institution is an equal opportunity provider.

10/2022 701.23





INFANT FRUITS Gerber brand second foods only; 4-ounces plastic containers only. Only the specific types as listed: Apple















Apple Blueberry

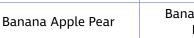


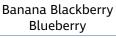
















Banana Carrot Mango

Banana Orange Medley



2 | Ohio WIC 11 | Ohio WIC

INFANT FRUITS AND VEGETABLES Beechnut Naturals second foods only; 4-ounces glass containers only. Only the specific types as listed: Apple and Blackberries Apple and Kale Apple, Pumpkin and Banana, Blueberries and Cinnamon Green Beans Banana, Orange Beet, Pear Pomegranate and Pineapple

Guava, Pear and

Strawberries

Carrot, Sweet Corn and

Pumpkin





10 | Ohio WIC 3 | Ohio WIC





INFANT FRUITS AND VEGETABLES

Meijer brand foods only; 2-4 ounces plastic twin-pack; Only the specific types as listed:







Apple Strawberry Banana

Apple Berry Mix



Mixed Vegetables

4 | Ohio WIC 9 | Ohio WIC

INFANT FRUITS AND VEGETABLES

Beechnut brand second foods only; 4-ounces glass containers only. Only the specific types as listed:









Apple Blueberries





Apple Mango Kiwi

Apple Pear Banana





Banana

Banana Strawberry





Corn and Sweet Potatoes

Garden Vegetables

INFANT FRUITS AND VEGETABLES

Gerber brand second foods only; 4 ounces glass containers only. Only the specific types as listed:







Apple Prune

Apple Spinach Kale





Apple Strawberry Banana

Apple Zucchini Peach





Banana Blueberry

Pea Carrot Pea





Pear Guava

Pear Zucchini





Squash Pear Pineapple

Sweet Potato Banana Orange

8 | Ohio WIC 5 | Ohio WIC

INFANT CEREAL

Gerber brand only; 8-ounces containers only; all flavors of iron fortified cereal.



NOT ALLOWED: With added fruit; with added DHA/ARA; cereal in jars; variety packs.





Multigrain

Oatmeal





Rice

Whole Wheat

INFANT MEATS

For exclusively breastfeeding participants only;
Gerber brand second foods only;
2.5 ounce glass jars only;
Only the specific types as listed:







Beef and Gravy

Chicken and Gravy





Ham and Gravy

Turkey and Gravy

INFANT FRUITS AND VEGETABLES

Tippy Toes brand foods only; 2- 4-ounces plastic twin-packs. Only the specific types as listed:







Apples

Apple Banana





Apple Banana Strawberry

Apple Berry





Apple Carrot Mango

Apple Mango





Apple Pear Banana

Apple Sweet Potato





Bananas

Carrots







Mixed Vegetable

Squash

Squash Apple Pear

6 | Ohio WIC 7 | Ohio WIC